**UHF/VHF RADIO FREQUENCIES**

Radio Program Worksheet

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Group  Channel | RX Freq | TX Freq | Decode | Encode | Max Power  FRS/GMRS | BWidth  kHz | Name |
| Family Radio Service – General Mobile Radio Service FRS/GMRS | | | | | | | |
|  | 462.5625 | 462.5625 | OFF | OFF | 2W/5W-licensed | 12.5 | FRS/GMRS 1 |
|  | 462.5770 | 462.5770 | OFF | OFF | 2W/5W Licensed | 12.5 | FRS/GMRS 2 |
|  | 462.6125 | 462.6125 | OFF | OFF | 2W/5W Licensed | 12.5 | FRS/GMRS 3 |
|  | 462.6375 | 462.6375 | OFF | OFF | 2W/5W Licensed | 12.5 | FRS/GMRS 4 |
|  | 462.6625 | 462.6625 | OFF | OFF | 2W/5W Licensed | 12.5 | FRS/GMRS 5 |
|  | 462.8750 | 462.8750 | OFF | OFF | 2W/5W Licensed | 12.5 | FRS/GMRS 6 |
|  | 462.7125 | 462.7125 | OFF | OFF | 2W/5W Licensed | 12.5 | FRS/GMRS 7 |
|  | 467.5625 | 467.5625 | OFF | OFF | 0.5w | 12.5 | FRS 8 no GMRS |
|  | 467.5875 | 467.5875 | OFF | OFF | 0.5w | 12.5 | FRS 9 no GMRS |
|  | 467.6125 | 467.6125 | OFF | OFF | 0.5w | 12.5 | FRS 10 no GMRS |
|  | 467.6375 | 467.6375 | OFF | OFF | 0.5w | 12.5 | FRS 11 no GMRS |
|  | 467.6625 | 467.6625 | OFF | OFF | 0.5w | 12.5 | FRS 12 no GMRS |
|  | 467.6875 | 467.6875 | OFF | OFF | 0.5w | 12.5 | FRS 13 no GMRS |
|  | 467.7125 | 467.7125 | OFF | OFF | 0.5w | 12.5 | FRS 14 no GMRS |
| Family Radio Service and General Mobile Radio Service High Power (FRS/GMRS) s = simplex | | | | | | | |
|  | 462.5500 | 462.5500 | OFF | OFF | 2w 50W-Licensed | 20 | GMRS/FRS 15 550s |
|  | 462.5750 | 462.5750 | OFF | OFF | 2w 50W-Licensed | 20 | GMRS/FRS 16 575s |
|  | 462.6000 | 462.6000 | OFF | OFF | 2w 50W-Licensed | 20 | GMRS/FRS 17 600s |
|  | 462.6250 | 462.6250 | OFF | OFF | 2w 50W-Licensed | 20 | GMRS/FRS 18 625s |
|  | 462.6500 | 462.6500 | OFF | OFF | 2w 50W-Licensed | 20 | GMRS/FRS 19 650s |
|  | 462.6750 | 462.6750 | OFF | OFF | 2w 50W-Licensed | 20 | GMRS/FRS 20 675s |
|  | 462.7000 | 462.7000 | OFF | OFF | 2w 50W-Licensed | 20 | GMRS/FRS 21 700s |
|  | 462.7250 | 462.7250 | OFF | OFF | 2w 50W-Licensed | 20 | GMRS/FRS 22 725s |
| General Mobile Radio Service (GMRS) Repeaters (no tones) d = duplex | | | | | | | |
|  | 462.5500 | 467.5500 | OFF | OFF | 50W-Licensed | 20 | GMRS 15 550d |
|  | 462.5750 | 467.5750 | OFF | OFF | 50W-Licensed | 20 | GMRS 16 575d |
|  | 462.6000 | 467.6000 | OFF | OFF | 50W-Licensed | 20 | GMRS 17 600d |
|  | 462.6250 | 467.6250 | OFF | OFF | 50W-Licensed | 20 | GMRS 18 625d |
|  | 462.6500 | 467.6500 | OFF | OFF | 50W-Licensed | 20 | GMRS 19 650d |
|  | 462.6750 | 467.6750 | OFF | OFF | 50W-Licensed | 20 | GMRS 20 675d |
|  | 462.7000 | 467.7000 | OFF | OFF | 50W-Licensed | 20 | GMRS 21 700d |
|  | 462.7250 | 467.7250 | OFF | OFF | 50W-Licensed | 20 | GMRS 22 725d |
| General Mobile Radio Service (GMRS) Public use Repeaters with Travel Tones (CTCSS 141.3) t = travel tones | | | | | | | |
|  | 462.5500 | 467.5550 | 141.3 | 141.3 | 50W-Licensed | 20 | GMRS 15 550t |
|  | 462.5750 | 467.5750 | 141.3 | 141.3 | 50W-Licensed | 20 | GMRS 16 575t |
|  | 462.6000 | 467.6000 | 141.3 | 141.3 | 50W-Licensed | 20 | GMRS 17 600t |
|  | 462.6250 | 467.6250 | 141.3 | 141.3 | 50W-Licensed | 20 | GMRS 18 625t |
|  | 462.6500 | 467.6500 | 141.3 | 141.3 | 50W-Licensed | 20 | GMRS 19 650t |
|  | 462.6750 | 467.6750 | 141.3 | 141.3 | 50W-Licensed | 20 | GMRS 20 675t |
|  | 462.7000 | 467.7000 | 141.3 | 141.3 | 50W-Licensed | 20 | GMRS 21 700t |
|  | 462.7250 | 467.7250 | 141.3 | 141.3 | 50W-Licensed | 20 | GMRS 22 725t |
| General Mobile Radio Service (GMRS Local Repeaters (Salt Lake County Area) | | | | | | | |
|  | 462.6750 | 467.6750 | 141.3 | 141.3 | 50W-Licensed | 20 | Capital 675 |
|  | 462.6000 | 467.6000 | D114N | D114N | 50W-Licensed | 20 | Ogden 600 |
|  | 462.7000 | 467.7000 | D114N | 114N | 50W-Licensed | 20 | Promontory 700 |
|  | 462.5500 | 467.5550 | 141.3 | 141.3 | 50W-Licensed | 20 | Pleasantville 550 |
|  | 462.6250 | 467.6250 | 141.3 | 141.3 | 50W-Licensed | 20 | Davis 625 |
|  | 462.5750 | 467.5750 | 141.3 | 141.3 | 50W-Licensed | 20 | Bountiful 575 |
|  | 462.5750 | 467.5750 | 159.8 | 158.8 | 50W-Licensed | 20 | Highland 575 |
|  | 462.6250 | 467.6250 | 141.3 | 141.3 | 50W-Licensed | 20 | Mirror Lake 625 |
|  | 462.5500 | 467.5550 | 146.2 | 146.2 | 50W-Licensed | 20 | West-1 550 |
|  | 462.5500 | 467.5550 | 179.9 | 179.9 | 50W-Licensed | 20 | East-3 600 |
|  | 462.6500 | 467.6500 | 141.3 | 141.3 | 50W-Licensed | 20 | Stansbury 650 |
| Multi-Use Radio Service (MURS) | | | | | | | |
|  | 151.8200 | 151.8200 | OFF | OFF | 2W | 11.25 | MURS 1 |
|  | 151.8800 | 151.8800 | OFF | OFF | 2W | 11.25 | MURS 2 |
|  | 151.9400 | 151.9400 | OFF | OFF | 2W | 20 | MURS 3 |
|  | 154.5700 | 154.5700 | OFF | OFF | 2W | 20 | MURS 4 |
|  | 154.6000 | 154.6000 | OFF | OFF | 2W | 20 | MURS 5 |
| Marine | | | | | | | |
|  | 156.4250 | 156.4250 | OFF | OFF | 25W | 12.5 | Marine 68 |
|  | 156.4500 | 156.4500 | OFF | OFF | 25W | 12.5 | Marine 09 Call |
|  | 156.7000 | 156.7000 | OFF | OFF | 25W | 12.5 | Marine 14 Prt Ops |
|  | 156.8000 | 156.8000 | OFF | OFF | 25W | 12.5 | **Marine 16 Call** |
|  | 156.9250 | 161.5250 | OFF | OFF | 25W | 12/5 | Marine 72 shp2shp |
| Noa Weather Radio (receive only) | | | | | | | |
|  | 162.4000 |  | OFF | OFF |  |  | NOAA Weather 1 |
|  | 162.4250 |  | OFF | OFF |  |  | NOAA Weather 2 |
|  | 162.4500 |  | OFF | OFF |  |  | NOAA Weather 3 |
|  | 162.4750 |  | OFF | OFF |  |  | NOAA Weather 4 |
|  | 162.5000 |  | OFF | OFF |  |  | NOAA Weather 5 |
|  | 162.5250 |  | OFF | OFF |  |  | NOAA Weather 6 |
|  | 162.5500 |  | OFF | OFF |  |  | NOAA Weather 7 |
|  |  |  |  |  |  |  |  |

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This document is for reference only and is accurate to the best of my knowledge.

Information can change without notice.

YOU are responsible for the legal use of your radio.

Refer to the FCC website for legal information.

Corrections and additions are welcomed.